

**Seminar Center for Psychotherapy
Prof. Dr. Franz Ruppert
Englmannstr. 2, 81673 München**

Link for **Englmannstraße**: www.g.co/maps/348tg

1. For public transport to the seminar center see www.mvv-muenchen.de/.

The Seminar Center for Psychotherapy in Munich is well accessible with Underground, Tramway, Bus and S-Bahn from Munich Central Station (30 minutes) und Ostbahnhof (15 minutes).

1. **From Munich Central Station** take **U 2** direction Messestadt Ost, get off station **Josephsburgstraße**, take the subway exit to Kreillerstraße walk to the left 300m until Baumkirchnerstraße, cross Kreillerstraße and walk 300 m until Neumarkterstraße, walk left 250 m until to the left you will arrive at Englmannstr. 2, second floor.
2. **Tramway Nr. 19** direction **St.Veitstrasse** drives from von Munich Central station to Munich Ostbahnhof to stop **Baumkirchnerstraße** (time from main station: 30 minutes; time from Ostbahnhof 5 minutes) then walking distance to Englmannstraße 6 minutes)
www.g.co/maps/yrzgx
3. **S-Bahn lines S2 Erding, S4 Grafing or S6 Zorneding** until **station Berg am Laim**; takes 15 minutes from Munich Central station, walking distance from S-Bahn Berg am Laim to Englmannstraße 10 minutes or with bus 146 (direction Ostbahnhof) 2 minutes until stop Neumarkterstrasse.
4. **Bus 190 and 191** from Ostbahnhof, takes 7 minutes to stop Neumarkterstrasse directly aside to the seminar centre. Bus starts from Ostbahnhof on the backside Friedensstrasse every 20 minutes.

2. Coming from Munich Airport

S Bahn Line S 8 Herrsching to Ostbahnhof, then Tramway Nr. 19 or Bus 146. or Taxi (about 8 Euros) (will take altogether 50 minutes from the airport to the seminar center).

3. Coming by car over Mittlerer Ring Ost and Leuchtenbergring, there are parking places on the street.

4. Hotels close by the Seminar Center

- **Central Hotel-Apart München, Josephsburgstr. 26, Berg am Laim, 81673 München**,
www.centralhotelapart.de; Tel+49 (0)89 435 49 30 – 0; Telefax +49 (0)89 435 49 30 – 30;
info@centralhotelapart.de; www.centralhotelapart.de (walking distance 15 minutes)
- **Ibis Hotel** Berg-am-Laim-Str. 125 (walking distance appr. 12 minutes)
<http://www.ibis.com/de/hotel-9069-ibis-muenchen-city-ost-opening-june-2015/index.shtml> You will get a 5% reduction when you refer to my name.
- **Motel One München City Ost**, Orleansstr. 87; 81667 München
Tel. 0049 89 59 97 64 90 (Tramway 19 in front of the hotel) muenchen-ost@motel-one.com
www.motel-one.com/de/hotels/hotels-muenchen/hotel-muenchen-city-ost.html
- **East Park Apartments** Tel 0049 89 4392337 www.eastpark-apartments.com/munich-east-apart.html

- For visitors with a car:
Hotel NH München Neue Messe; Eggenfeldener Strasse 100, 81929 München
 0049 89 993450; www.nh-hotels.de/nh/de/hotels/deutschland/munchen/nh-muenchen-neue-messe.html
- **Comfort Hotel München Ost;** Kronstadter Straße 12, München, Tel 0049 89 5997630
<http://www.choicehotels.de/en/comfort-hotel-ge185?promo=gglocal>

5. Private rooms

- Christa Goretzki, Praschlerstr. 50, 0049 89 43519500, klostergarten@freenet.de
- Thea Christians, Baumkirchnerstr. 62, 0049 89 4315864, 0172 7586658
- Bernadette Schwarz, Arnweg 19, Telefon: 0049 89 432710, mail: b.s.79@web.de ,
Footway to Englmannstr. 2 appr. 10 minutes (800m)
- Britta Tschorn, Neumarkter Str. 82, 81673 München, 089 435 890 63, 0174 412 46 00, only a few minutes to the practice
- Karin Groß-Beck, Pestalozzistr. 48, 0049 89-266143 karin.gross-beck@t-online.de
- Evelyn Hähnel, Landshuter Allee 49, 0049 89 571775, info@tao-seminare.de only a few minutes away from U-Bahnstation Rotkreuzplatz (U1, three Stations towards Munich Central Station).
- Ilse Nürnberger ilnuern@gmx.de Aldringenstr.10, 0049 89 162639
- Christina Argus, Curt-Zechbauer-Weg 3, D-82343 Pöcking, c_argus@hotmail.com ,
08151 973912, with S6 direction Tutzing appr. 30 minutes. from Munich Central station