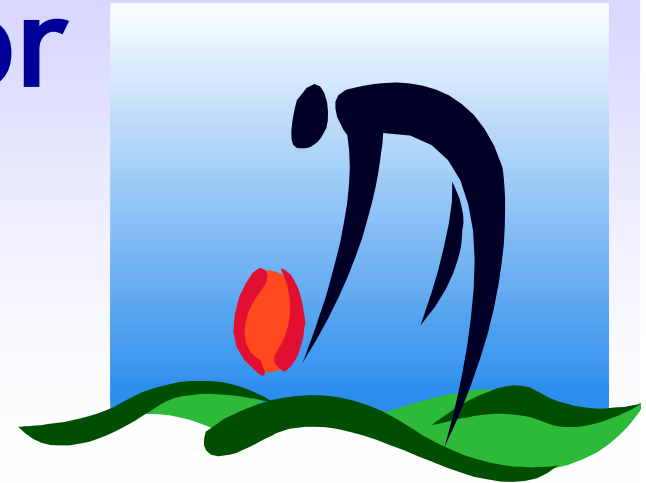


Is there a healing for “Schizophrenia”?



“Schizophrenia” und “Psychosis”
under the perspective of
“Multigenerational Psychotraumatology”

www.franz-ruppert.de

“Schizophrenia” and “Psychosis” do not really exist. This are labels for psychic phenomena, that are submitted under the concept of illness, favored by medical psychiatry.



Salvador Dalí
The Riddle of Desire

Basic assumption of the “Multigenerational Psychotraumatology”



So called “Mental Illnesses” can be seen as consequences of psychotrauma, that disturb and destroy basic functions of the human psyche and bonding relations, sometimes over 3 to 4 generations.

Main differences

Concept of Illness

- „Illness“ as an object
- „Patient“ being passive
- Reduce the symptoms!
- Biography is irrelevant
- Victims and perpetrators are not seen
- Experts must play the role of being sane
- Society does not learn

Concept of Trauma

- Persons as subjects
- Client being active
- Find the causes!
- Biography is essential
- Victims and perpetrators must be named clearly
- Experts can also be traumatized
- Society can reflect itself

Basic symptoms of so called “Schizophrenia”



- Emotional confusion
- Emotional numbness
- Giving up healthy I-functions
- Creating an illusionary I instead
- Endless reflections
- Lack of energy, motivation, aims
- Out of contact with reality
- Out of contact with the healthy self

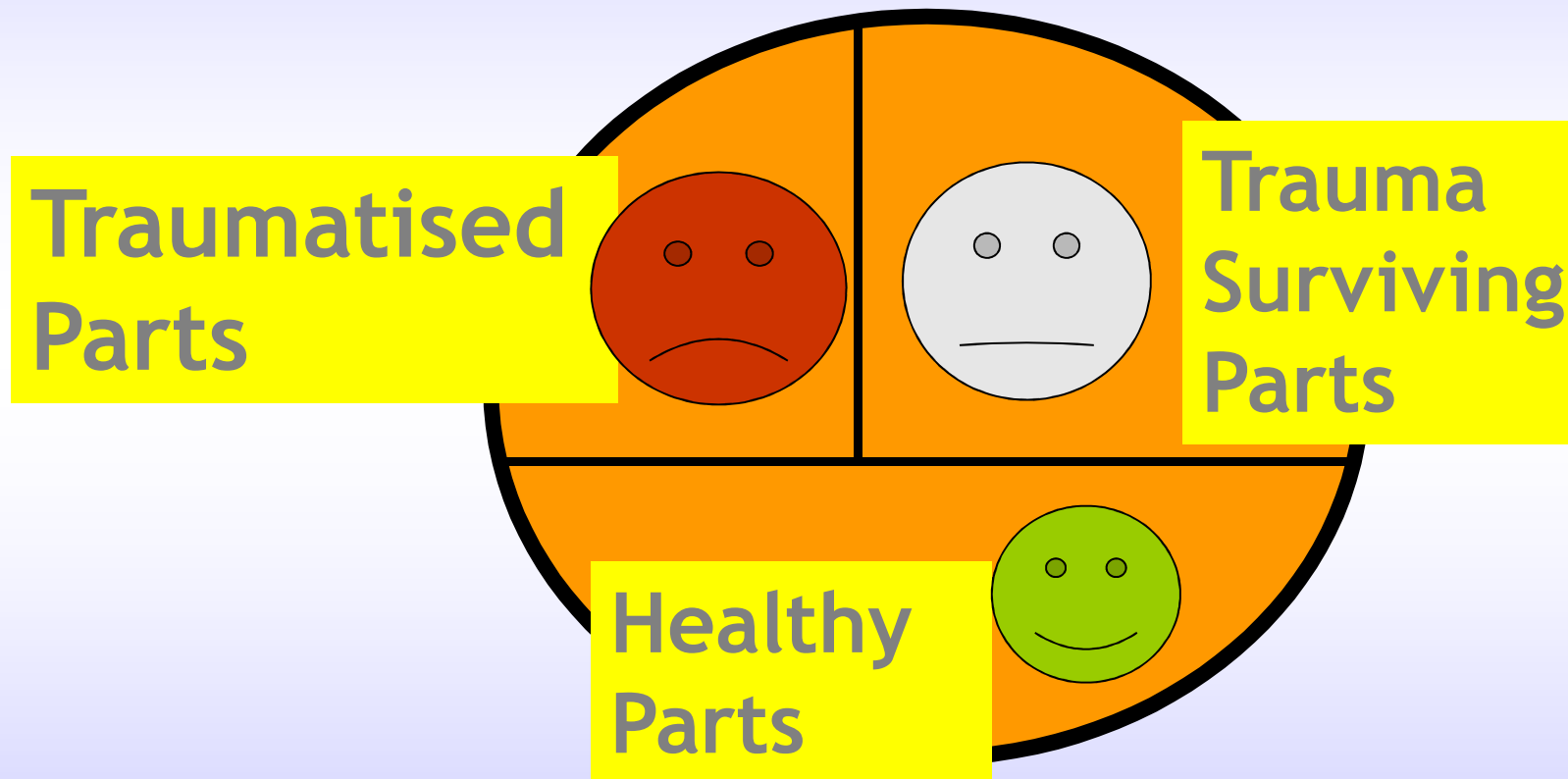
What can drive a human being mad?

If he experiences something so awful or does something so terrific that he feels guilty and ashamed without any escape.



Traumatisation by Violence
Traumatisation of Sexuality
Traumatisation of Love
Early Trauma

Splits in the Human Psyche after traumatising experiences



A bondingsystem (e.g. a family) is traumatising, if something happens that is against its inner purpose.

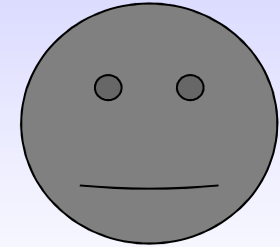
- Killing of own members
- Incest
- Sexuell abuse
- illegitimate members (e.g. children in a family that do have a secret father)

30.11.2014

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Surviving strategies when there is a bondingssystemtrauma



- Denying reality
- Keeping the secrets hidden
- Distraction
- Functioning and playing roles
- Relations without emotions
- Trying to be especially normal
- Extra high morality



Symptoms of so called sog. „mental illnesses“ are

- mostly Trauma-Surving-Strategies
- from time to time the breakthrough of the traumatized parts



If parents want to support their confused children, they have to look at their own trauma.



What can help?

- **Opening the secrets**
- **Truth heals the delusion**
- **Understanding the perpetrator-victim-dynamic within the bondingsystem**
- **Leaving such systems**
- **Working through one's own traumata**

My psychotrauma therapy approach

- Constellation of the Intention (Col)
- Mostly working in groups

Integrating split off parts during Psychotheraphy



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- These books are also available in English.